

Press release
April 19th 2018

Unafam Launches Mail Art Contest 2018 19th April - 20th September 2018

Tales Childhood dreams

Unafam launches its 5th Mail Art contest to raise awareness of World Mental Health Day (10 October 2018). The themes for this year's Unafam Mail Art contest 2018, organized in collaboration with "Musée de La Poste" and "Artame Gallery", are **Tales** and **Childhood dreams**.

Postal art encourages people to express themselves and communicate. This contest is open to everyone: amateurs and professionals, young and old, those living with mental health disorders and those who do not. All forms of mail art are accepted from painting, drawing to sticking.

To take part in the contest please submit an illustrated envelope, which must not exceed 32 cm, it must have a stamp and it should be posted to: **Unafam, 12 Villa Compoint, 75017 Paris, France**. The deadline is 20 September 2018.

The judges will be made up of members from Unafam, the Musée de La Poste, artists and mutual aid group's subscribers. The contest has a category for children and adults, winners and runners-up will be chosen from these two categories.

Prizes will be presented in October during World Mental Health Day.

[Click here to download the registration form](#)

www.unafam.org : Unafam (Union nationale de familles et amis de personnes malades et/ou handicapées psychiques – National Union for friends and families of the mentally ill and/or disabled people) is a French national association founded in 1963 and recognized for its public utility. Its aim is to support, educate and inform acquaintances, colleagues, friends or siblings of people with mental health disorders and to protect their interests and rights. Unafam currently has 14 000 subscribers, 120 delegations and 300 welcome points across all parts of France.

For further information please contact:
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